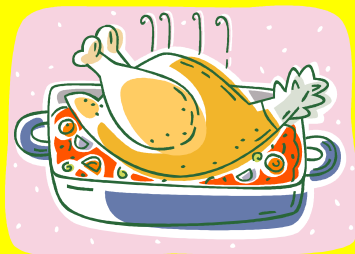
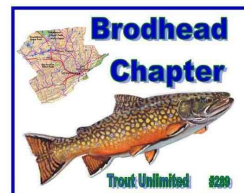




MARCH, 2013



Our Next Meeting:

FRIDAY,

March 15, 2013

5:30 pm: Cash Bar ~ 6:30 pm: DINNER

7:30 pm...

Our Gala Annual

**CONSERVATION
BANQUET!**



REMINDER:

Our Annual CONSERVATION
BANQUET is held in lieu of
our March General Meeting!

www.BrodheadTU.org

Streamside asides



OFFICERS

PRESIDENT

Tom Battista
145 Heiney Lane
Kunkletown, PA 18058
(570) 236-1734

VICE PRESIDENT

Todd Burns
311 Crestmont Street
Pen Argyl, PA 18072

(610) 863-7655

TREASURER

Eric Baird
267 3rd Street
Pocono Pines, PA 18350
(570) 355-0165

SECRETARY

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1109 Daniel Court
Saylorsburg, PA 18353
(610) 381-6188

BOARD MEMBERS

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Gerry Bortz
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Swiftwater, PA 18370-7719
(570) 895-1099

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Thorpe, PA 18229
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Ron Mishkin
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(570) 245-3950

John Smith
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Scotrun, PA 18355
(570) 895-1034



Tom Battista

DIRECTORS EMERITUS

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Stroudsburg, PA 18360
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Bob Hosko
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Stroudsburg, PA 18360
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Dave Hughes
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Bangor, PA 18013
(610) 588-0036

Joe Sadoski
RR #1, Box 27A
Tannersville, PA 18372
(570) 629-8522

Bob Stevens
2780 Rimrock Drive
Bartonsville, PA 18321
(570) 629-2922

The Home Pool

Tom Battista, President

Brodhead Chapter of Trout Unlimited, #289

e-mail: mooseowl511@gmail.com

Spring fishing season (and Spring Turkey) is rapidly approaching, and many of us have been indoors more than we would have liked to be this winter. As I pen this column, I am a little over 30 days into my 90 day sentence since my coronary bypass surgery. I was told I could not even cast a fly rod until my 90 days are up. I feel like I've been doing a stretch in the pokey, but after what they tell me was "a bump in the road" to recovery putting me back in Pocono February 5; I may not want to, but I'm being very patient and behaving myself.

My suggestion to you is get in shape to fish! Walk as much as you can; start on pavement (wear bright colors or a runner's vest near roads) if just beginning, but get on woodland trails to develop your legs. The off pavement walking requires muscles in the legs and feet to balance on the often uneven surface. Take your staff with you so you are used to carrying it; then, add weight like your vest or a small pack with some weight, since this will simulate the extra weight that fishing gear and waders add as resistance to your walking. Check your pulse at your wrist; checking at the carotid can slow your heart due to a nerve located right alongside, stimulating the heart to slow. Keep your heart rate below 120 (or 75% of 220-your age). A good rule of thumb for pace is to walk with a buddy and be able to talk as you walk.

Stretch before and after your walk and when you fish. You can also carry a ball around to squeeze developing your forearm muscles which control your grip. Get your rod or practice rod out and practice your casting for timing

and accuracy. Distance will increase with practice! Remember, the more line on the water, the harder it can be to control: but, it is fun to lay the line out in practice. Make sure you practice each way you need to cast to fish; for example, on your off side or practice with the non-dominant hand.

Eat correctly; include a lot of water, fruits, and vegetables. Plan how you can include water to drink while fishing; as it gets warmer, you can prevent cramps by staying hydrated.

You should try not to fish alone; go with a buddy, or have a non-fishing buddy come along who is within sight of you. A very good friend lost his grandson who went out fishing in his boat alone, fell striking his head and ended up hanging over the side of the boat drowning. Someone who enjoys a hike, likes to take pictures, or draws can go with you, insuring your safety. Plan your fishing trip and stick to the plan. Leave your route and estimated time of return in writing with a responsible person at home that you check in with upon your return.

(Continued on Page 3)

Carry your cell phone in a quart size zip lock freezer bag so it will survive an accidental dunking. You should also carry your wallet or ID in a zip lock, as well. I now have to carry cards which show what was done to me, as well as a list of all my medicines, to present to emergency responders.

Carry a small first aid kit, a waterproof match case, and a whistle to alert searchers. Know how to build a small fire in case you get stuck out at night; it will cheer you and help searchers locate you. A compass will help you redirect yourself if you get turned around. Know the skills needed to use these items before you need them!

Now the good stuff! We are running a CATSKILL trip again. (See page 9.) Will has reserved a block of ten rooms for the Friday and Saturday (5/24 & 5/25) of Memorial Day weekend. Last year we had a great trip, and this year, the hatches will be better as we are later in the season. You will also note we are looking into forming a small group for a fall trip in Central PA this year, as well as a Colorado Trip in 2014. (See page 10.)

Our chapter hosted a Coldwater Conservation Corps training session on 2/23/13. We are monitoring streams within the Brodhead watershed (Ellen Davis and BWA), Tobyhanna-Tunkahannock watershed (Trish Attardo), and the Pohopoco-Middle Creek watershed (Rich Newell). Bonnie Smith has been monitoring the Choke Creek and upper Lehigh since the summer. This stream monitoring will produce baseline data to document pollution events related to fracking or pipeline work. While the DRBC has not given permission for gas drilling to begin, pipeline work is already having an impact in our area and neighboring counties. The information gained by our efforts will be shared electronically through the CCC's website, set up by Mitch Blake the coordinator. Will Daskal will soon have the testing manual in PDF format on our website, and we will conduct our own training to get more personnel involved in testing. If you'd like to view the manual now, here's the PATU link: http://www.patrou.org/docs/newsletters/patu-ccc-manual_version-2-1.pdf?sfvrsn=0

On March 9, the Monroe County Environmental Education Center is having its annual Fly Fishing Seminar to introduce people to our sport. (See page 8.) We need members to tie flies that afternoon during the program, which are donated as door prizes. Our chapter actually provides the instruction for this MCEEC program each year. Any member who would like to assist in the program, please let me know. The more members we have helping, the greater our ability to engage the participants taking the program in friendly one-on-one encouragement. We very often gain new chapter members from this seminar. With more people assisting and offering camaraderie, we can gain more members as they see the fun we have together.

I hope to see many of you at our Spring Banquet March 15; we have some great prizes and some additional fun-filled activities to entertain you this year. (See pages 4 to 7.)

I also hope to have a great turnout for the Riparian zone tree planting April 28 in SGL 127 along SR 423 in Tobyhanna; the more hands the easier the work! (See page 14.)

AND NOW FOR SOMETHING COMPLETELY DIFFERENT! The April 10, 2013 Chapter General Meeting will be held on the McMichael Creek near the conservation project site. We will have refreshments at the golf course clubhouse and fish the improved area of the creek. The area is a Delayed Harvest Area, so it is open to fishing year round.

Remember April 13 is our northern zone Trout opener and we will co-host the Kid's Fishing Contest along with the Knights of Columbus, Stroud Township, and the PA Fish Commission. (See page 17.)

I want to thank the board of directors and all the officers who helped during my hospital stays. I want to thank Don Baylor, Jim Connor, and all those who visited me, as well as the fly tying class for the card. I really appreciate the help of Will Daskal and Mike Schwartz for chauffeuring me around when I could not drive.

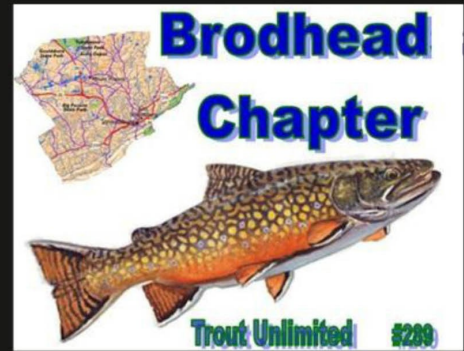
In closing, kindly be sure to include June and Bob Stevens in your daily prayers, as June is going through recovery at Good Shepherd in Allentown for a fractured vertebra .

Tight lines!

Tom



2013



You're Invited!

ANNUAL BANQUET



March 15, 2013

Stroudsmoor COUNTRY INN

Friday, March 15, 2013

**Please join us for our annual gala Brodhead TU Chapter
Conservation Banquet & Fundraiser at our new, spectacular
venue, the magnificent**

Ridgecrest at the Stroudsmoor Country Inn

231 Stroudsmoor Road, Stroudsburg, PA!



**We have a delicious, improved buffet dinner menu featuring a
Heart Healthy Garden Salad with trimmings, Three Stroudsmoor
Prepared Salads, a Hearty Stroudsmoor Soup with Artisan Bread
and Rolls, a Buffet Dinner featuring two Pasta Entrees, Italian
Meatballs, Chicken Bianco Vino with a classic mushroom &
white wine sauce, a Carving Board with Roast Sirloin of Beef,
a tasty Fish Entrée, Roasted Bliss Potatoes, Seasonal Vegetable,
PLUS, Dessert, Coffee, Tea and Soda!**

All this for Just \$27.00 per person!
Ticket Orders & Payments MUST be in by March 1st!

**Wonderful Gifts, Fly fishing Gear, Original Artwork,
Fantastic Raffle & Auction Items Await You!**

**A Blue-Ribbon Award Winning, Original Watercolor
Painting Matted, Framed & Donated by BTU
Chapter Secretary and Professional Artist
Will Daskal**

&

**A Beautiful, Giclee of a New Painting
Crafted by BTU Director and Professional Artist
Don Baylor**

**Will be There for Your Consideration
and Generous Bidding!**



**Will Daskal
(Left)**



**Don Baylor
(Right)**

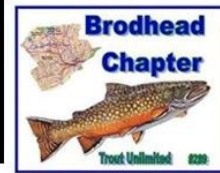
THE BRODHEAD CHAPTER OF TROUT UNLIMITED
PROUDLY ANNOUNCES ITS 15TH ANNUAL

BANQUET!

FRIDAY, MARCH 15TH, 2013



Ridgecrest at the
Stroudsmoor Country Inn



231 STROUDSMOOR ROAD
STROUDSBURG, PA

CASH BAR AT 5:30 PM ~ DINNER AT 6:30 PM
CONSERVATION PROGRAM BEGINS AT 7:30 PM

A FUN-FILLED EVENING INCLUDES RAFFLE PRIZES OF RODS, REELS, FISHING EQUIPMENT,
FISHING ACCESSORIES, CLOTHING, ORIGINAL FINE ART; SPECIAL PRIZES FOR THE LADIES

ADMISSION CHARGE IS JUST \$27.00 PER PERSON

PAYABLE IN ADVANCE...ACT NOW TO RESERVE A TABLE FOR EIGHT!

FOR TICKETS & PROGRAM INFORMATION, CONTACT ERIC BAIRD
570-355-0165 OR ERATBAIRD@FRONTIERNET.NET; OTHERWISE, JUST COMPLETE THE
FORM BELOW AND MAIL IT WITH YOUR PAYMENT TO:

**SUMPTUOUS
BUFFET
DINNER!**

ERIC BAIRD
267 3RD STREET
POCONO PINES, PA 18350

**GREAT
PRIZES!**

TICKET DEADLINE IS MARCH 1ST

CUTOFF NUMBER IS 175 SEATS!

Complete and return this portion with your check payable to: **Brodhead Chapter of Trout Unlimited**

Eric Baird, 267 3rd Street, Pocono Pines, PA 18050

HURRY! THE TICKET DEADLINE IS MARCH 1ST!

- ☐ Yes, I'll be there! Send me _____ tickets at \$27.00 each, totaling \$ _____, which I have enclosed. ☐ I would like to reserve a table for eight at a total cost of \$216.00.
☐ I am unable to attend, but please accept my tax-deductible contribution of \$ _____.

NAME: _____ PHONE: _____

ADDRESS: _____

EMAIL: _____

FLY FISHING PROGRAM

Sign up TODAY in the Gift Shop

Saturday, March 9, 2013



12 Noon to 3 pm

Join Resource Conservationist Carl J. Meyer and several members of the Brodhead Chapter of Trout Unlimited for a program on fly fishing. Equipment, casting, strategy, fly tying, basic entomology, and local fishing areas will be discussed.

~

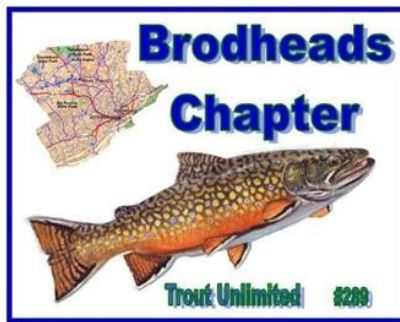
**A film, slide program and several raffles
are included with admission.**

Monroe County Conservation District

Cost: \$8/non-member; \$5/EE Member & Children under 12.

Pre-registration required by Friday, March 8, 2013

8050 Running Valley Road Stroudsburg, PA 18360 570.629.3061



Catskills Fly-Fishing Trip!

**JOIN US FOR A GLORIOUS 3-DAYS OF FLY-FISHING THE
HISTORIC CATSKILL MOUNTAINS' BEA-MOC SYSTEM!**

May 24, 25 & 26, 2013!

We're returning to the friendly lodgings at the popular RIVERSIDE CAFÉ & LODGE (Formerly the Silver Fox) — just 17 minutes from Roscoe and the legendary Beaverkill River Junction Pool. *Fish the same spots as the immortals: Poul Jorgenson, Lee & Joan Wulff, Art Flick, & the Darby and Dette families! Ten minutes from the East Branch and 20 minutes from the Willowemoc Creek and Livingston Manor.* It's the perfect hub from which to fly fish the great streams of NY's Catskill Mountains! Fishing access is superb, with many nearby trout streams. Fly fishing shops and supplies are nearby, including an **Orvis** shop in Roscoe and **Fur, Fin & Feather** in Livingston Manor. The **Catskill Fly Fishing Center & Museum** is just 25 minutes away — a truly great place to visit!

Out-of-pocket car-pooling travel costs and daily meal expenses will be shared during the trip by each vehicle's occupants. Your only up-front Chapter cost is for 2-night's lodging (5/24 & 5/25) and all printed materials (fishing area maps, travel directions, local area hatch chart) @ just \$100 for the entire weekend! *FOR YOUR CONVENIENCE, an informative Power Point presentation will be available at the May 8th General Meeting to highlight the area streams, local pool locations and probable LATE MAY CATSKILL HATCHES, all the information you'll need to make this return trip a grand success!* **Send your full payment payable to the "BRODHEAD CHAPTER TROUT UNLIMITED" @ \$100 per person ASAP, BUT BEFORE APRIL 30th to:** ERIC BAIRD, 267 - 3rd Street, Pocono Pines, PA 18350 (570) 355-0165

There are only 10 rooms available at the lodge, with 2-people sharing each room; thus, bookings will be strictly on a first-come basis — no exceptions. RIVERSIDE WILL HOLD THE ROOMS FOR US ONLY UNTIL APRIL 30th; SO, GET YOUR RESERVATION AND PAYMENT IN TODAY! We anticipate a **HUGE** response this year; so, if you want to enjoy this historic trip, get your payment to Eric IMMEDIATELY!

NAME: _____ PHONE: _____

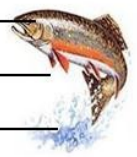
OTHER ANGLER(S) IN PARTY: _____

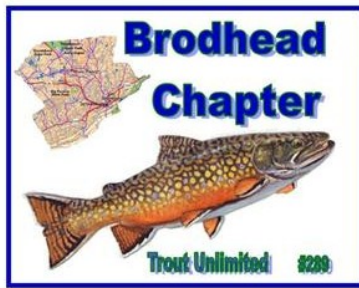
I WANT TO SHARE A ROOM WITH: _____

TOTAL NUMBER OF PEOPLE: _____ TOTAL NUMBER OF ROOMS NEEDED: _____

ADDRESS: _____

EMAIL: _____





CHAPTER Fly-Fishing Trips 2013-2014!

SAVE THESE DATES!!

TRIP # 1

3-FABULOUS DAYS FLY-FISHING THE
HISTORIC WATERS OF THE CATSKILL MOUNTAINS!

May 24, 25 & 26, 2013!

PAYMENT DEADLINE IS APRIL 30th!

TRIP # 2

3-MEMORABLE DAYS FLY-FISHING PENNS CREEK, BIG
FISHING CREEK, AND OTHER GREAT PA TROUT STREAMS!

September 27, 28 & 29, 2013!

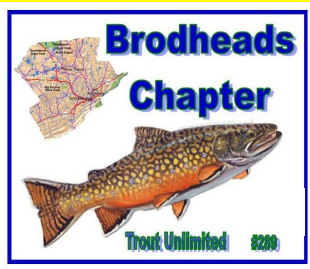
TRIP # 3

5-GLORIOUS DAYS IN MID-LATE JULY OR EARLY AUGUST,
2014 FLY-FISHING THE CUTTHROAT TROUT-LADEN WATERS
OF COLORADO!

We're planning on enjoying the magnificent western trout
in the Eagle, Colorado, Yampa, Frying Pan, Roaring Forks
(& some ultra-secret Don Baylor trout streams FOR WHICH YOU

MUST SIGN A NON-DISCLOSURE AGREEMENT!)





THIS MONTH

MARCH, 2013

Mar. 6: Board Meeting – @ 7:30p

Mar. 9: MCCC Fly-Fishing Workshop – from 12 N to 3 p

March 15: Annual Banquet...

Ridgecrest @ Stroudsmoor:

Open Bar @ 5:30 p

Dinner @ 6:30 p

Conservation Program @ 7:30p

Note: The Fly Tying Round-Robin, all General Meetings, the Annual Fly Fishing Symposium and all Fly Tying Classes, will be held in the Education Room of the Monroe County Conservation District Office on Running Valley Road in Bartonsville, PA.



BrodheadTU.org



FISHING BUDDIES WANT YOU!

The 2012 cadre of available Brodhead TU anglers who have volunteered their services for **Gerry Bortz' Fishing Buddies Program** are always ready to receive calls for the trout fly fishing season. Kindly plan ahead; don't call the night before you want to go fishing and expect the availability of one of our volunteers. Please save this page and know that caring members of YOUR chapter are here to help any fledgling fly-fishers with "getting their feet wet" in one of our lovely local streams. The following BTU chapter members have generously offered their time and expertise to assist fellow BTU members in learning the local waters: **Eric Baird** (570-355-0165; evenings & weekends; Tobyhanna, Hickory Run & Devil's Hole); **Tom Battista** (610-681-6307; Sunday mornings; any stream); **Gerry Bortz** (570-895-1099; weekdays; Brodhead & McMichaels Creeks); **Scott Cesari** (570-897-5830; Evenings & weekends; any streams); **Will Daskal** (610-381-6188; call for availability); **Jeff Heberley** (570-421-3184; any time; anywhere); **Glenn Hessler** (570-629-5492; weekends; Brodhead & McMichaels Creeks); **Tom Magera** (570-977-4381; weekdays in the morning & weekends any time; any stream); **Eric McLendon** (610-863-9097; anytime; anywhere); **Ron Mishkin** (570-460-5031; evenings & weekends; Brodhead & McMichaels Creeks and others); **Frank Russo** (570-839-3436; any time; anywhere); and **John Schriever** (570-722-9797; anytime; anywhere).

Don Baylor now chairs our chapter's FISHING TRIPS COMMITTEE so that we can add fishing trips to our agenda of exciting BTU events and activities. If you have a destination in mind that would be a great spot for a group of us to visit for a day, multi-day, or weekend fly fishing excursion, please share your ideas and information with Don @ (570) 992-3558! We're really looking forward to spicing up our chapter's activities and in getting more of our members involved in all things BTU. Also, remember that YOU can fill our a free raffle ticket AT EVERY CHAPTER ACTIVITY to win a gorgeous fly rod. The drawing will take place at our annual June picnic this year!

BRODHEADTU.ORG

CALENDAR OF CHAPTER ACTIVITIES - 2013

MARCH

MARCH 6: BOARD MEETING @ ESU NEW SCIENCE BLDG, EAST STROUDSBURG; 7:30 PM...RM. TBA

MARCH 9: MCCD'S FLY FISHING WORKSHOP

MARCH 15: ANNUAL BANQUET

APRIL

APRIL 3: BOARD MEETING @ ESU NEW SCIENCE BLDG, EAST STROUDSBURG; 7:30 PM...RM. TBA

APRIL 6: ON-SITE SPECIAL GENERAL MEETING AT McMICHAEL STREAM PROJECT SITE

MAY

MAY 1: BOARD MEETING @ ESU NEW SCIENCE BLDG, EAST STROUDSBURG; 7:30 PM...RM. TBA

MAY 8: GENERAL MEMBERSHIP MEETING @ MCCD, BARTONSVILLE; 7:30 PM

JUNE

JUNE 5: BOARD MEETING @ ESU NEW SCIENCE BLDG, EAST STROUDSBURG; 7:30 PM...RM. TBA

JUNE 8: ANNUAL PICNIC AT BRODHEAD POND PARK SITE :PAVILION #2; 2 PM UNTIL DARK

SEPTEMBER

SEPTEMBER 4: BOARD MEETING @ ESU NEW SCIENCE BLDG, EAST STROUDSBURG; 7:30 PM...RM. TBA

SEPTEMBER 11: GEN. MEMBERSHIP MEETING @ MCCD, BARTONSVILLE; 7:30 PM

OCTOBER

OCTOBER 2: BOARD MEETING @ ESU NEW SCIENCE BLDG, EAST STROUDSBURG; 7:30 PM...RM. TBA

OCTOBER 9: GEN. MEMBERSHIP MEETING @ MCCD, BARTONSVILLE; 7:30 PM

NOVEMBER

NOVEMBER 6: BOARD MEETING @ ESU NEW SCIENCE BLDG, EAST STROUDSBURG; 7:30 PM...RM. TBA

NOVEMBER 13: GEN. MEMBERSHIP MEETING @ MCCD, BARTONSVILLE; 7:30 PM



Please send all Chapter Correspondence to our new mailing address:

Brodhead Chapter of Trout Unlimited, #289

P. O. Box 863 Brodheadsville, PA 18322

A Piece of BTU History!

A Non-profit Organization

Trout Unlimited Charter

Monroe Streams

By having submitted acceptable evidence of qualification,

By having duly agreed to accept and abide by the Philosophy, Policies and Objectives
of Trout Unlimited as set forth in its Constitution and Bylaws and

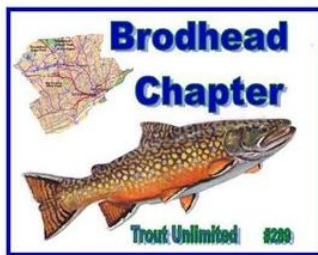
By having been duly certified by the National Board of Directors of Trout Unlimited
Is hereby declared an official Chapter of Trout Unlimited.

Michael Owen
President

March 1977
Date

ED FORSER	GARY SMITH
GEORGE FORSE	BOB STECHES
MARLE FORSE	JOHN GALOCHIS
BOB HADLER	AND CHARALAMPOS
DICK BROWN	

A Michigan Corporation



SGL 127



Riparian Zone TOBYHANNA CREEK

TREE PLANTING

Project



Sunday, April 28, 2013

From 1pm on...

Please join us to help plant trees along the new Tobyhanna Creek streamside at the newly constructed bridge along State Route 423. We're going to plant new saplings to help stabilize the banks and provide improved habitat for the fauna, flora and the TROUT! We'll provide the trees and all the tools, but we need a little bit of man and woman power to do the job. With enough hands on deck, this should be a relatively short and extremely enjoyable process! We'll even provide some refreshments for all our hard-working volunteers!

Call Tom Battista ~ (570) 236-1734 or

Eric Baird (570 355-0165 to volunteer.

2013 Rivers Conservation & Fly Fishing Youth Camp Application



Full Name: _____
Last First M.I.

Address: _____

Street Address *Apartment/Unit #*

City	State	ZIP Code
------	-------	----------

Home Phone: Birth Date:

E-mail Address:

Scholastic Extracurricular Activities:

Gender: _____ Adult Tee Shirt Size: _____

Guidance Counselor or Science Teacher:

School: _____ School Phone: _____

Other Activities, Clubs, Organizations:

Hobbies, Leisure Activities (not organized):

Honors, Awards Received (scholastic or other):

Person(s) Who Influenced My Interest in Conservation:

Fishing Experience (mark all that apply): bait/spin fish fly fish:

fish for trout: fish for bass, other:

want to learn to fly fish: fly fish less than 3 years:

fly fish 3 or more years: _____ fish 1-9 days/year: _____

fish 10-19 days/year: fish 20+ days/year:

Tell Us Why You Want to Attend The Rivers Conservation & Fly Fishing Youth Camp. This is the most important question. Give us enough information to evaluate your interests. (use additional page/s as needed)



Some Timely Info from the Mayo Clinic



Since the average age of our chapter members is on the north side of middle age, I thought I'd share this valuable material that was sent to me by an artist friend who's also a critical care nurse! It's from the Mayo Clinic, with some added material she provided. I think it may prove very beneficial for many of our TU members!

How many folks do you know who say they don't want to drink anything before going to bed because they'll have to get up during the night? Heart Attack and Water - I never knew all of this! Interesting...Something else I didn't know...I asked my Doctor why people need to urinate so much at night time. Answer from my Cardiac Doctor - Gravity holds water in the lower part of your body when you are upright (legs swell). When you lie down and the lower body (legs and etc.) seeks level with the kidneys, it is then that the kidneys remove the water because it is easier. This then ties in with the last statement! I knew you need your minimum water to help flush the toxins out of your body, but this was news to me. Correct time to drink water... Very Important. From A Cardiac Specialist! Drinking water at a certain time maximizes its effectiveness on the body:

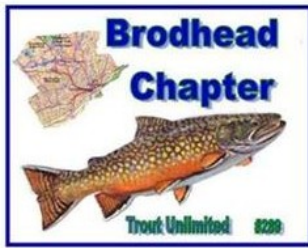
- 2 glasses of water after waking up - helps activate internal organs
- 1 glass of water 30 minutes before a meal - helps digestion
- 1 glass of water before taking a bath - helps lower blood pressure
- 1 glass of water before going to bed - avoids stroke or heart attack

I can also add to this... *My Physician told me that water at bed time will also help prevent night time leg cramps. Your leg muscles are seeking hydration when they cramp and wake you up with a Charlie Horse.*

Subject: Mayo Clinic on Aspirin - PASS IT ON: Most heart attacks occur in the day, generally between 6 A.M. and noon. Having one during the night, when the heart should be most at rest, means that something unusual happened. Somers and his colleagues have been working for a decade to show that sleep apnea is to blame.

1. If you take an aspirin or a baby aspirin once a day, take it at night. The reason: Aspirin has a 24-hour "half-life"; therefore, if most heart attacks happen in the wee hours of the morning, the Aspirin would be strongest in your system.
2. FYI, Aspirin lasts a really long time in your medicine chest for years, (when it gets old, it smells like vinegar). Something that we can do to help ourselves - nice to know. Bayer is making crystal aspirin to dissolve instantly on the tongue. They work much faster than the tablets.

Why keep Aspirin by your bedside? It's about Heart Attacks — There are other symptoms of a heart attack, besides the pain on the left arm. One must also be aware of an intense pain on the chin, as well as nausea and lots of sweating; however, these symptoms may also occur less frequently. **Note: There may be NO pain in the chest during a heart attack.** The majority of people (about 60%) who had a heart attack during their sleep did not wake up. However, if it occurs, the chest pain may wake you up from your deep sleep. If that happens, immediately dissolve two aspirins in your mouth and swallow them with a bit of water. Afterwards: - Call 911. - Phone a neighbor or a family member who lives very close by. Say "heart attack!" - Say that you have taken 2 Aspirins. - Take a seat on a chair or sofa near the front door, and wait for their arrival and**DO NOT LIE DOWN!** A Cardiologist has stated that if each person after receiving this information, sends it to 10 people, probably one life could be saved! I have already shared this information. What about you? Do forward this message. It may save lives! "Life is a one time gift"



Brodhead Chapter of
Trout Unlimited



Stroud Township
Brodhead Creek Park



Father John T. Butler
Council No. 4084



PA Fish
Commission

37th Annual **Knights of Columbus** **Children's Trout Fishing Contest**

APRIL 13, 2013

8:00 a.m. until 10:00 a.m.
Registration 7:00 a.m.

Opening Day of Trout Season
for children up to 12 years of age



at the pond at Brodhead Creek Park
Rte. 191, just north of Big Wheel

LOTS OF PRIZES

donated by local merchants & major tackle manufacturers

Rain or Shine

NO FEE... it's FREE!

Bring your own tackle and bait

Treasurer's Report

Revenue	2012	2013 Budget	2013	Starting Balance	\$9,220.89
Contributions					
Banquet	\$225.00	\$100.00	\$0.00		
Enke Scholarship	\$250.00	\$250.00	\$200.00		
Ken and Company	\$558.00	\$500.00	\$0.00		
Other	\$115.00		\$0.00		
TU National Rebate	\$60.00	\$40.00			
Banquet					
Ticket Sales	\$3,187.50	\$3,375.00	\$2,090.00		
Raffles	\$3,515.00	\$4,000.00	\$0.00		
Meeting Raffles	\$607.00	\$450.00	\$229.00		
Fly Tying Class	\$240.00	\$180.00	\$298.00		
KOC Tournament	\$110.00				
Annual Trip	\$1,200.00	\$1,600.00	\$0.00		
Advertising	\$50.00	\$200.00	\$0.00		
Total	\$10,117.50	\$10,695.00	\$2,817.00		
Expenses					
Grants/Donations					
MCCD Membership	\$50.00	\$50.00	\$50.00		
MCCD Gauging Station	\$250.00	\$250.00			
KOC Fishing Tournament	\$200.00	\$200.00			
Youth Field Day	\$350.00	\$350.00			
BWA Adopt a Stream	\$250.00	\$250.00			
MC Conservation Camp	\$300.00	\$300.00			
PHLT	\$500.00	\$500.00	\$500.00		
Boy Scouts		\$75.00			
TU State Council	\$100.00	\$100.00	\$100.00		
Events					
General Meetings	\$0.00	\$150.00	\$50.00		
Fly Tying Class	\$319.31	\$175.00	\$225.94		
Banquet					
Meal	\$3,492.00	\$3,645.00	\$500.00		
Prizes	\$596.09	\$750.00	\$50.00		
Misc	\$81.13	\$100.00	\$389.85		
Annual Trip	\$622.00	\$1,300.00	\$200.00		
Picnic		\$100.00	\$0.00		
Misc Equipment	\$97.52	\$500.00	\$118.32		
Postage	\$51.91	\$100.00	\$145.50		
Printing	\$51.92	\$100.00	\$154.21		
Meeting	\$100.00	\$100.00	\$100.00		
Conservation Projects	\$1,000.00	\$500.00	\$0.00		
Website	\$266.63	\$150.00	\$0.00		
Miscellaneous		\$200.00	\$181.72		
River Cons. Camp	\$1,050.00	\$700.00			
Total	\$9,728.51	\$10,645.00	\$2,765.54		
Balance	\$388.99	\$50.00	\$51.46	Current Balance	\$9,272.35

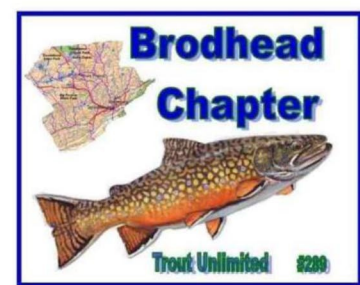


Volunteer Hours Report

So Far Members Have
Volunteered


1231

hours of service to the the
Chapter, if you would like to do
more please contact any of your
Chapter Leaders or go to
www.brodheadtu.org for more
information




We wish to thank the following individuals and businesses for their continued support of our efforts:

This space available to advertise your event or business. For information and rates, contact Bob Stevens @ (570) 629-2922.

TheClubhouseCafé 
at Glen Brook Golf Club

Patrick D. Mullally
(570) 421-6081
pmullally1@verizon.net


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Address Changes: KINDLY NOTE...

If you have moved, or if you received a new physical address pursuant to the Monroe County 911E program, only YOU can effect an address change through National TU.

You can do it directly on the TU.org website by logging in to your account with your TU member number, or you can call them up directly at one of the following numbers: TOLL FREE: 1-800-834-2419; National Office: (703) 522-0200; Fax: (703) 284-9400 and make the change.

We cannot do it for you!



**Brodhead Chapter
Trout Unlimited**

P.O. Box 863

Brodheadsville, PA 18322

Thanks for your understanding in this timely matter.—Ed.

Streamside asides

*All material for submission for your newsletter
should be sent to the editor at the following address:*

Streamside Asides
Will Daskal, Editor

P.O. Box 863
Brodheadsville, PA 18322

OR VIA EMAIL TO:
brodheadtu@yahoo.com



If your membership is about to expire,
why not take a moment out of your busy
schedule now and renew today. Our chapter's
conservation activities are ever-increasing, and
we need your support!

More on the web @:

BrodheadTU.org

